



SEPTEMBER 2017

ROSELLE PARK
Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.</p>
	Apples	Jersey Fresh Peppers	Half Day - No Lunch Service	Half Day - No Lunch Service
PATRIOT DAY BBQ Beef Rib on a Bun with Corn Niblets 	Baked Mozzarella Sticks with Marinara Sauce	Cheeseburger Sliders on Buns	Sabrett All-Beef Hot Dog on a Bun with Baked Beans	Valentino's Cheese Pizza
Weekly Alternate: Chicken Patty on a Bun				
Baked Chicken Nuggets with a Dinner Roll	Nachos Grande - Beef Taco with Rice & Beans & Scoops Chips	Pepperoni French Bread Pizza	Rosh Hashanah - No School	First Day of Fall Valentino's Cheese Pizza
CONSTITUTION WEEK		Weekly Alternate: Baked Macaroni & Cheese with a Roll		
Sausage, Egg & Cheese on a Bun	Johnny Appleseed Day Pizza Quesadilla Free Apple-Shaped Eraser w/ Lunch	Cheesesteak on a Bun with Mashed Potatoes	Spaghetti & Meatballs with a Roll	Valentino's Cheese Pizza
Weekly Alternate: Popcorn Chicken with Dip & a Roll		Sea Otter Awareness Week		

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
 Week 2: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
 Week 3: Turkey Breast on a Kaiser Roll with Lettuce & Tomato

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."