



OCTOBER 2017

ROSELLE PARK Elementary Schools



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--------------------------------|
| | | <p>Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.</p> | | |
| Child Health Day 2 Chicken Patty on a Bun | 3 Chicken Sliders with American Cheese on Soft Buns | 4 Big Daddy's Pepperoni Pizza | 5 Cheeseburger on a Bun with Mashed Potatoes | 6 Valentino's Cheese Pizza |
| Weekly Alternate: Baked Mozzarella Sticks with Marinara Sauce | | | | |
| COLUMBUS DAY 9 Homemade Pizza Bagel | 10 Nachos Grande with Seasoned Beef & Scoops Chips | 11 Meatball Parmesan on a Roll | 12 Baked Macaroni & Cheese with a Dinner Roll | 13 Valentino's Cheese Pizza |
| National School Lunch Week 2017 | | TEEN READ WEEK - "Unleash Your Story" | | |
| Weekly Alternate: Baked Chicken Nuggets with a Roll | | | | |
| 16 Popcorn Chicken with Dip & a Roll | 17 Chicken & Cheese Quesadilla with Salsa | 18 Big Daddy's Pepperoni Pizza | 19 French Toast with Sausage Links | 20 Valentino's Cheese Pizza |
| Weekly Alternate: Pizza Crunchers with Marinara Sauce | | | | |
| 23 BBQ Beef Rib on a Bun with Corn Niblets | World Series Begins 24 Baked Mozzarella Sticks with Marinara Sauce | 25 Cheeseburger Sliders on Buns | 26 Sabrett All Beef Hot Dog with Baked Beans | 27 Valentino's Cheese Pizza |
| Weekly Alternate: Chicken Patty on a Bun | | | | |
| 30 Baked Chicken Nuggets with a Dinner Roll | HALLOWEEN 31 Nachos Grande with Seasoned Beef & Scoops Chips | | | |
| Weekly Alternate: Baked Macaroni & Cheese with a Roll | | | | |

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese

Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Turkey & American Cheese Wrap

Week 2: Mini Italian Hero

Week 3: Ham & Cheese on a Kaiser Roll

Week 4: Turkey & American Cheese on a Kaiser Roll

Week 5: Tuna Salad on a Kaiser Roll



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

A Complete Lunch Includes:

EntSrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com