



# NOVEMBER 2017

## ROSELLE PARK Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily.</b></p>			
<p><b>FRUIT OF THE MONTH</b> <b>Pear</b></p>		1 Cheesesteak on a Bun with Sweet Potato Fries	2 Chicken Patty Parmesan on a Roll	3 Valentino's Cheese Pizza
6 Sausage, Egg & Cheese on a Bun	7 <b>Election Day</b> No School 	8 Pizza Crunchers with Marinara Sauce	<p><b>Weekly Alternate: Baked Macaroni &amp; Cheese with a Roll</b></p> <p><b>NJEA Convention No School</b></p>	
<p><b>Weekly Alternate: Popcorn Chicken with Dip &amp; a Roll</b></p>		15 Early Dismissal	16 Early Dismissal	17 Mickey Mouse's Birthday 11/18 Early Dismissal  <b>Free Mickey Mouse Clubhouse Sticker</b>
13 Chicken Patty on a Bun	14 Chicken Twister – Chicken, Cheddar Cheese & Ranch Dressing on a Wrap	<p><b>Weekly Alternate: Baked Mozzarella Sticks with Marinara Sauce</b></p>		
20 Homemade Pizza Bagel	21 Nachos Grande with Turkey Taco Meat & Scoops Chips			24
<p><b>Weekly Alternate: Baked Chicken Nuggets with a Roll</b></p>		29 Teriyaki Chicken with Veggie Fried Rice <b>Free Fall Tattoo w/ Lunch</b> 	30 French Toast with Sausage	<p><b>VEGETABLE OF THE MONTH</b> <b>Sweet Potato</b></p>
27 Popcorn Chicken with Dip & a Roll	28 All-Beef Hot Dog on a Bun with Baked Beans	<p><b>Weekly Alternate: Pizza Crunchers with Marinara Sauce</b></p>		

### ALSO AVAILABLE DAILY

#### SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese  
Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

#### BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

#### YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

#### DELI SANDWICH

- Week 1: Turkey Breast on a Kaiser Roll with Lettuce & Tomato
- Week 2: Tuna on a Kaiser Roll with Lettuce & Tomato
- Week 3: Ham on a Wrap with Lettuce & Tomato
- Week 4: Turkey & Cheese on a Wrap with Lettuce & Tomato
- Week 5: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato

#### A Complete Lunch Includes:

EntSrée (with Protein/Grain)

**Trip to The Farm Stand**

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**