



MARCH 2017

ROSELLE PARK Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.</p>		
		1 Cheeseburger Sliders Weekly Alternate: Chicken Patty on a Bun	2 Dr. Seuss' Birthday Read Across America Baked Ziti with a Roll Dr. Seuss Bookmark Free w/ Lunch	3 Valentino's Cheese Pizza
6 Baked Chicken Nuggets with a Dinner Roll	7 Nachos Grande with Turkey Taco Meat & Scoops Chips	8 Cheesesteak on a Bun with Sweet Potato Fries	9 Chicken Patty Parmesan on a Roll	10 Valentino's Cheese Pizza
National School Breakfast Week - Take the School Breakfast Challenge			Weekly Alternate: Baked Macaroni & Cheese with a Roll	
13 Early Dismissal - No Lunch Service	14 Chicken & Cheese Quesadilla with Salsa	15 Pizza Crunchers with Marinara Sauce	16 Spaghetti & Meatballs with a Roll	17 ST. PATRICK'S DAY Valentino's Cheese Pizza
Weekly Alternate: Popcorn Chicken with Dip & a Roll				
SPRING BEGINS 20 Chicken Patty on a Bun	National Agriculture Day 21 Pancakes with Sausage Links Nutrition Nation Sticker Activity w/ Lunch	22 French Toast with a Cheese Omelet	23 Cheeseburger on a Bun with Mashed Potatoes	24 Valentino's Cheese Pizza
Weekly Alternate: Baked Mozzarella Sticks with Marinara Sauce				
27 Homemade Pizza Bagel	28 BBQ Beef Rib with Mashed Potatoes	29 Meatball Parmesan on a Roll	30 Baked Macaroni & Cheese with a Dinner Roll	31 Valentino's Cheese Pizza
Weekly Alternate: Baked Chicken Nuggets with a Roll				

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

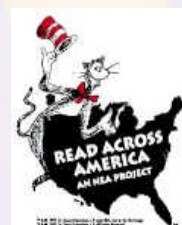
Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
 Week 2: Turkey Breast on a Kaiser Roll with Lettuce & Tomato
 Week 3: Tuna on a Kaiser Roll with Lettuce & Tomato
 Week 4: Ham on a Wrap with Lettuce & Tomato
 Week 5: Turkey & Cheese on a Wrap with Lettuce & Tomato



A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."