











APRIL 2017

ROSELLE PARK Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRUIT OF THE MONTH  Grapes	 THE FARM STAND	<div style="border: 1px solid green; padding: 5px;"> Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily. </div>		VEGETABLE OF THE MONTH  Asparagus
3 Nickelodeon Anniversary 4/2 Popcorn Chicken with Dip & a Roll Free SpongeBob Sticker w/ Lunch 	4 All-Beef Hot Dog on a Bun with Baked Beans It's Baseball Season! 	5 Grilled Cheese Sandwich on Whole Wheat Bread Weekly Alternate: Cheeseburger on a Bun	6 French Toast with an Egg Patty	7 Valentino's Cheese Pizza
10	11	12	13	14
No School	Taco Tuesday - Twin Tacos with Rice & Beans	 Spring Break!	Chicken Patty Parmesan on a Roll Free Read to Succeed Pencil 	Good Friday EARTH DAY 2/22
17	18	19	20	21
Weekly Alternate: Baked Macaroni & Cheese with a Roll	Taco Tuesday - Twin Tacos with Rice & Beans	BBQ Rib on a Bun with Sweet Potato Fries	Chicken Patty Parmesan on a Roll Free Read to Succeed Pencil 	Valentino's Cheese Pizza
24	25	26	27	28
Sausage, Egg & Cheese on a Bun	Chicken & Cheese Quesadilla with Salsa	Pizza Crunchers with Marinara Sauce	Spaghetti & Meatballs with a Roll	Valentino's Cheese Pizza
Weekly Alternate: Popcorn Chicken with Dip & a Roll				

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
 Week 2: Spring Break
 Week 3: Turkey Breast on a Kaiser Roll with Lettuce & Tomato
 Week 4: Tuna on a Kaiser Roll with Lettuce & Tomato

A Complete Lunch Includes:

EntSrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

National
Poetry
 Month