



JANUARY ROSELLE PARK

2018 Elementary Schools



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--------------------------------|
| | | | Selections on The Farm Stand are included with lunch. Choose ½ a cup of fruit and 1 cup of vegetable from a variety of options daily. | |
| 1 Happy New Year | 2 Meatball Parmesan on a Roll | 3 Stuffed Crust Pepperoni Pizza | 4 Baked Macaroni & Cheese with a Dinner Roll | 5 Valentino's Cheese Pizza |
| Weekly Alternate: Baked Chicken Nuggets with a Roll | | | | |
| 8 Popcorn Chicken with Dip & a Roll | 9 All-Beef Hot Dog on a Bun with Baked Beans | 10 Sweet & Sour Chicken with Veggie Fried Rice | 11 French Toast with Scrambled Eggs | 12 Valentino's Cheese Pizza |
| Weekly Alternate: Pizza Crunchers with Marinara Sauce | | | | |
| 15 No School | 16 Baked Mozzarella Sticks with Marinara Sauce | 17 Pepperoni French Bread Pizza | 18 Cheeseburger Sliders | 19 Valentino's Cheese Pizza |
| Weekly Alternate: Chicken Patty on a Bun | | | | |
| 22 Baked Chicken Nuggets with a Dinner Roll | 23 Taco Tuesday – Nachos Grande with Rice & Beans | 24 Cheesesteak on a Bun with Sweet Potato Fries | 25 Chicken Patty Parmesan on a Roll | 26 Valentino's Cheese Pizza |
| Weekly Alternate: Baked Macaroni & Cheese with a Roll | | | | |
| 29 National Puzzle Day Sausage, Egg & Cheese on a Bun Music to my Ears Mix-Up Puzzle w/ Lunch | 30 Chicken & Cheese Quesadilla with Salsa | 31 Pizza Crunchers with Marinara Sauce | | |
| Weekly Alternate: Popcorn Chicken with Dip & a Roll | | | | |

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
 Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Turkey & Cheese on a Wrap with Lettuce & Tomato
 Week 2: Italian Mini Hero with Ham, Salami, Provolone Cheese, Lettuce & Tomato
 Week 3: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
 Week 4: Turkey Breast on a Kaiser Roll with Lettuce & Tomato
 Week 5: Tuna on a Kaiser Roll with Lettuce & Tomato

At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com

